



For more information about the following routes contact  
**MetroPool, Stamford, CT**  
[www.metropool.com](http://www.metropool.com)  
**Info@MetroPool.com**  
**(800) 346 – 3743**

GP # / Route	Employer	Origin	ST	Destination	State	Work Hours	Pick Up Points	Proceeds Via	Time In	Time Out
MP117	UNILEVER	EDGEWATER	NJ	TRUMBULL	CT	7:15am - 3:30pm	Palisades Mall West Nyack NY	Merritt Parkway	6:20am	3:30pm
MP133	BOARD OF ED	GREENWICH	CT	GREENWICH	CT	7:00am - 2:30pm	Greenwich Train Station	Greenwich Ave	6:45am	3:00pm
MP134	BOARD OF ED	GREENWICH	CT	GREENWICH	CT	7:00am - 2:30pm	Cos Cob Train Station	Station Drive	6:45am	3:00pm
MP135	UNILEVER	MADISON	CT	TRUMBULL	CT	7:00am - 3:30pm	Madison Commuter Lot off Exit 61	95 to 15 to 8	6:15am	3:35pm
MP137	UNILEVER	MADISON	CT	TRUMBULL	CT	7:00am - 3:15pm	Exit 61 off 95	95 to Merritt	6:05am	3:35pm
MP031	PERKIN ELMER	NORWALK	CT	SHELTON	CT	7:00am - 3:30pm	Stop & Shop Connecticut Ave Norwalk	Merritt to 8	6:00am	3:35pm
MP041	PERKIN ELMER	NEW MILFORD	CT	NORWALK	CT	8:00am - 4:30pm	Kohl's Parking Lot Brookfield	84 to 34	7:00am	4:35pm
MP106	PREFERRED TOOL	NORWALK	CT	SHELTON	CT	7:00am - 4:30pm	Exit 40A off Merritt	Merritt Parkway	4:30am	4:35pm
MP123	GDMHA	SOUTHBURY	CT	DANBURY	CT	8:00am - 4:30pm	Exit 18 off 84	Route 84	7:00am	4:35pm
MP109	PITNEY BOWES	STAMFORD	CT	NEWTOWN	CT	6:30am - 3:00pm	Exit 35 off Merritt	Merritt Parkway	5:20am	3:05pm
MP121	PITNEY BOWES	STAMFORD	CT	NEWTOWN	CT	6:30am - 3:00pm	Exit 35 off Merritt	Merritt Parkway	5:30am	3:05pm
MP119	SIKORSKY	STRATFORD	CT	STRATFORD	CT	7:30am - 4:30pm	Stratford Train Station	Route 110	7:05am	4:35pm
MP120	SIKORSKY	STRATFORD	CT	STRATFORD	CT	8:00am - 4:30pm	Stratford Train Station	Route 110	7:37am	4:35pm



For more information about the following routes contact  
**Rideworks, New Haven, CT**  
[www.rideworks.com](http://www.rideworks.com)  
**ContactUs@Rideworks.com**  
**(800) 255 – 7433**

GP # / Route	Employer	Origin	ST	Destination	State	Work Hours	Pick Up Points	Proceeds Via	Time In	Time Out
RW128	ULTRA ELECTRONICS	BRIDGEPORT	CT	WALLINGFORD	CT	7:00am - 5:30pm	Exit 38 off Merritt	Merritt parkway	6:00am	5:35pm
RW071	YALE HOSPITAL	CROMWELL	CT	NEW HAVEN	CT	8:30am - 5:00pm	Exit 21 off 91	91 South	7.45 am	5.05pm
RW105	VA HOSPITAL	CROMWELL	CT	WESTHAVEN	CT	7:30am - 4:00pm	Cromwell Commuter Lot off 372	91 South	6:30am	4:05pm
RW132	G&K	EAST HARTFORD	CT	WATERBURY	CT	7:00am - 3:30pm	151 Park Ave East Hartford	Route 84 to Route 8	6:00am	3:35pm
RW124	PROTON	GLASTONBURY	CT	STAMFORD	CT	8:00am - 5:00pm	Commuter Lot next to Putnum Bridge	91 South	7:00am	5:05pm
RW096	PROTON ENERGY	MANCHESTER	CT	WALLINGFORD	CT	8:00am - 5:00pm	Manchester Commuter Lot off Buckland	84 to 91	7:15am	5:05pm
RW084	VA HOSPITAL	NEWINGTON	CT	WEST HAVEN	CT	7:30am - 4:00pm	Newington VA	91 South	6:30am	4:05pm
RW129	ULTRA ELECTRONICS	NORWALK	CT	WALLINGFORD	CT	7:00am - 5:30pm	Exit 52 off Merritt	Merritt Parkway	6:00am	5:35pm
RW125	WEST HAVEN VA	PLAINVILLE	CT	WEST HAVEN	CT	7:00am - 3:30pm	135 Redstone Hill	84 to 691 to 91 South	6:05am	3:35pm
RW093	WINCHESTER	THOMASTON	CT	WALLINGFORD	CT	7:00am - 3:30pm	Exit 39 Route 8	691 to Merritt	6.00am	3.35pm
RW136	VA HOSPITAL	WALLINGFORD	CT	WEST HAVEN	CT	8:00am - 4:30pm	Exit 66 off Merritt	Merritt Parkway	7:00am	4:35pm
RW114	RBC ENGINEERING	WATERBURY	CT	OXFORD	CT	7:00am - 3:30pm	Commuter Lot off Chase Rd	Route 84	6:35am	3:35pm